

# ISO & Buddy Program Checklist



Welcome to University of Hohenheim!

This checklist will help you navigate your first weeks with support from ISO (International Students Organization) and your assigned mentors.

## Before Arrival

<input type="checkbox"/>	<b>Register for ISO &amp; Buddy Program</b> Visit: <a href="http://iso.uni-hohenheim.de/en/registration/internationals">iso.uni-hohenheim.de/en/registration/internationals</a> You'll be matched with 2 student mentors that will contact you before your arrival and will be invited to ISO events (city tours, cultural activities, support with formalities)
<input type="checkbox"/>	<b>Join online communities</b>
<input type="checkbox"/>	Instagram: @iso.hohenheim, @news4internationalshohenheim
<input type="checkbox"/>	WhatsApp: Many student groups like "Welcome to Hohenheim" (ask us or your mentors!)
<input type="checkbox"/>	Contact: <a href="mailto:internationals@ua.uni-hohenheim.de">internationals@ua.uni-hohenheim.de</a> for general questions
<input type="checkbox"/>	<b>Pack essentials for first week</b>
<input type="checkbox"/>	Type F plug adapter (Germany uses 220V)
<input type="checkbox"/>	Ethernet cable for dorm internet or a router!
<input type="checkbox"/>	Towels & bed linen OR plan to order Dorm Basic Set
<input type="checkbox"/>	Cash/debit/credit card (euros for first days)
<input type="checkbox"/>	Small souvenirs from home to share & decorate your room
<input type="checkbox"/>	<b>Prepare important documents</b>
<input type="checkbox"/>	Valid passport/ID (+ copies stored separately)
<input type="checkbox"/>	Visa (non-EU students)
<input type="checkbox"/>	Admission letter & enrollment certificate in prints
<input type="checkbox"/>	Health insurance proof (EHIC, travel insurance, or German statutory insurance confirmation)
<input type="checkbox"/>	Vaccination record
<input type="checkbox"/>	Directions to your accommodation (offline copy)
<input type="checkbox"/>	Important contacts phone numbers (in case your phone is off or there is no SIM card yet)
	<b>Be aware of public holidays!</b> Supermarkets and shops will be closed, and public transport runs less often!

## First Week in Hohenheim

<input type="checkbox"/>	<b>Meet your mentor &amp; attend Welcome Week</b>
<input type="checkbox"/>	Participate in Welcome Week program (presentations, campus tours, social events)
<input type="checkbox"/>	Schedule: <a href="http://www.uni-hohenheim.de/en/orientation-days">www.uni-hohenheim.de/en/orientation-days</a>
<input type="checkbox"/>	Your mentor can help with campus orientation and practical questions
<input type="checkbox"/>	<b>Move into your dorm</b>
<input type="checkbox"/>	Pick up keys from caretaker (bring passport)
<input type="checkbox"/>	Get landlord confirmation (Wohnungsgeberbestätigung) for city registration
<input type="checkbox"/>	Sign SEPA Direct Debit Mandate for monthly rent, you can also pay in cash at the dorm office
<input type="checkbox"/>	Dorm administration: Kirchnerstr. 5, <a href="mailto:info.hoh@sw-tuebingen-hohenheim.de">info.hoh@sw-tuebingen-hohenheim.de</a>
<input type="checkbox"/>	<b>Register at Bürgerbüro (city registration)</b>
<input type="checkbox"/>	<b>Within 2 weeks of arrival!</b>
<input type="checkbox"/>	Location: Bürgeramt Plieningen-Birkach, Filderhauptstraße 155, 70599 Stuttgart
<input type="checkbox"/>	Bring: Passport/ID, completed registration form, landlord confirmation, rental contract
<input type="checkbox"/>	Ask your mentors for advice and suggestions on the process
<input type="checkbox"/>	You'll receive a registration certificate (Meldebescheinigung)
<input type="checkbox"/>	<b>Get connected</b>
<input type="checkbox"/>	Buy prepaid SIM card (supermarkets) or get an e-SIM even before you arrive
<input type="checkbox"/>	Options: SIMs (Nettom, Aldi Talk, Lidl Connect), e-SIM (Vodafone, fraenk)
<input type="checkbox"/>	Connect ethernet cable or router in dorm for internet access. More info: <a href="https://netz-ak.de/en/wireless-internet-in-your-room/">https://netz-ak.de/en/wireless-internet-in-your-room/</a>
<input type="checkbox"/>	<b>Understand public transport</b>
	Consider Single Tickets or Deutschlandticket
	Download important apps like VVS and DB , Info: <a href="http://www.vvs.de">www.vvs.de</a>
<input type="checkbox"/>	<b>Open German bank account (within first week)</b>
	Needed for: rent, scholarships, SEPA payments
	Bring: Registration certificate, passport/ID, admission letter
	Note: Tax ID will arrive by mail within 6 weeks (submit to bank within 2 months)
	Ask your mentors for suggestions and assistance
<input type="checkbox"/>	<b>Understand broadcasting fee (Rundfunkbeitrag)</b>
	You'll receive a letter after city registration
	Monthly fee: approx. €18.36 per household. If in shared flat, check if flatmates already pay, you share!
	Info: <a href="http://www.rundfunkbeitrag.de">www.rundfunkbeitrag.de</a>

## During the Semester

<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p><b>Join ISO activities</b></p> <p>Attend regular meet-ups, cultural evenings, city trips</p> <p>Follow @iso.hohenheim on Instagram for event updates</p> <p>Great way to meet other international students and explore Germany</p>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p><b>Explore student groups</b></p> <p>AKN (Sustainability), Beehive (Bioeconomy), Fresh (Food systems), Cafete (fair trade café), InnoGreenHouse (entrepreneurship), Hohenheimer Queers, Kulturgruppe (cultural events)</p> <p>Full list: <a href="https://vs.uni-hohenheim.de/en/117070">vs.uni-hohenheim.de/en/117070</a></p>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p><b>Sign up for German language course</b></p> <p>Language Center offers courses at all levels</p> <p>Highly recommended for daily life and integration</p> <p>Info &amp; registration: <a href="http://www.uni-hohenheim.de/en/language-center">www.uni-hohenheim.de/en/language-center</a></p>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p><b>Try Unisport activities</b></p> <p>Gym, fitness classes, team sports, yoga, and more</p> <p>Most activities have small participation fees</p> <p>Registration: <a href="http://www.uni-hohenheim.de/en/university-sports">www.uni-hohenheim.de/en/university-sports</a></p> <p>Follow @unisporthohenheim on Instagram</p>
<input type="checkbox"/>	<p><b>Save important contacts</b></p> <p>ISO: <a href="http://iso.uni-hohenheim.de">iso.uni-hohenheim.de</a></p> <p>Office of International Affairs: <a href="mailto:internationals@ua.uni-hohenheim.de">internationals@ua.uni-hohenheim.de</a></p> <p>Housing (Studierendenwerk): <a href="mailto:info.hoh@sw-tuebingen-hohenheim.de">info.hoh@sw-tuebingen-hohenheim.de</a></p> <p>Student Counseling (ZSB): <a href="mailto:zsb@uni-hohenheim.de">zsb@uni-hohenheim.de</a></p> <p>Psychotherapeutic Counseling (PBS): Online appointments at <a href="http://terminland.de/pbs-hohenheim">terminland.de/pbs-hohenheim</a></p> <p>IT Help Desk: <a href="mailto:kim-it@uni-hohenheim.de">kim-it@uni-hohenheim.de</a>, +49 711 459-24444</p> <p>AStA (Student Committee): <a href="https://vs.uni-hohenheim.de/en/asta">vs.uni-hohenheim.de/en/asta</a></p> <p><b>Emergency:</b> 112 (ambulance, fire), 110 (police)</p>
<input type="checkbox"/>	<p><b>Attend BRICKS workshops</b></p> <p>Career skills, networking, academic success workshops</p> <p>Supports international students throughout academic journey</p> <p>Contact: <a href="mailto:career@uni-hohenheim.de">career@uni-hohenheim.de</a></p>

## Additional Resources

- **Welcome Brochure:** Comprehensive guide for international students (check your admission package)
- **News4Internationals Podcast:** Stories, tips, and advice from international students
- **Student Information Center (SIZ):** Hohenheim Palace West Wing, [siz@verwaltung.uni-hohenheim.de](mailto:siz@verwaltung.uni-hohenheim.de)
- **Campus Map:** [www.uni-hohenheim.de/en/campus-map](http://www.uni-hohenheim.de/en/campus-map)
- **Mensa Menu:** Check daily menu via UniNow app or [my-stuwe.de](http://my-stuwe.de)

## Before Departure (End of Stay)

<input type="checkbox"/>	<b>Attend ISO farewell event</b>
	Say goodbye to friends and mentors
	Share feedback about your experience
<input type="checkbox"/>	<b>Complete formalities</b>
<input type="checkbox"/>	City de-registration at Bürgerbüro
<input type="checkbox"/>	Close German bank account
<input type="checkbox"/>	Cancel Rundfunkbeitrag (broadcasting fee)
<input type="checkbox"/>	Move out of dorm (check Studierendenwerk requirements)
<input type="checkbox"/>	Get Transcript of Records from your department
<input type="checkbox"/>	Get your BRICKS certificate

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### Questions? Your mentors and ISO team are here to help!

Contact: [iso.uni-hohenheim.de](mailto:iso.uni-hohenheim.de)

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